

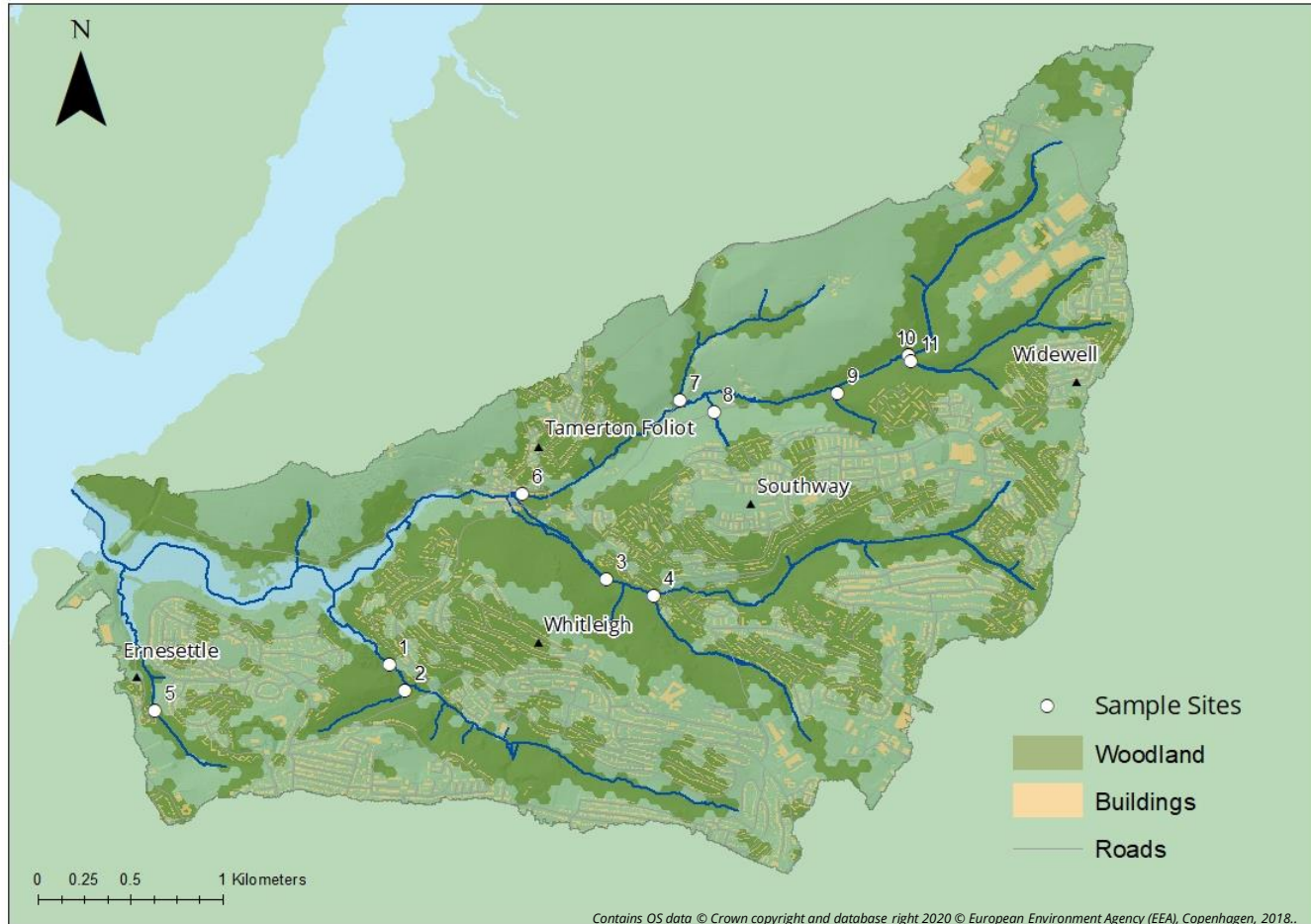


Plymouth River Keepers

Water Quality Monitoring Scorecard November 2020 – October 2021

Lydia Deacon and Dr Holly Pearson

MONITORING SITES



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- Sites chosen carefully to monitor the main rivers and their tributaries
- Results from the spot sampling will give a baseline health score for the catchment.
- Agricultural, waste water and residential influences captured.
- The following data presents results from 12 monthly surveys

Site no.	River/Stream	Site Name	NGR
1	Budshead Stream	Below Overhead Pipe	SX 46284 59985
2	Budshead Stream	D/S of Pond	SX 46369 59841
3	Cann Stream	Old Weir	SX 47649 60714
4	Cann Stream	Borrowdale Close	SX 48816 60326
5	Ernesettle Stream	Pembrey Walk	SX 45016 59731
6	Tamerton Stream	Seven Stars Pub	SX 47012 60907
7	Tamerton Stream (trib)	Porsham Lane	SX 47865 61421
8	Tamerton Stream	Coombe Lane	SX 48049 61356
9	Tamerton Stream (trib)	Langley Stream	SX 48719 61454
10	Tamerton Stream	Roborough Stream	SX 50168 61741
11	Tamerton Stream	Widewell Stream Footbridge	SX 49120 61630

METHODOLOGY

Dissolved oxygen meter



Temperature and electrical conductivity meter



Samples were collected from the streams using a bucket and or a syringe.

Unfiltered samples were analysed on-site for electrical conductivity using a calibrated handheld probe. Colour, turbidity and suspended sediment were measured using colourimetry using a predefined programme on the instrument. Phosphate was analysed using the pre-programmed colourimetric HACH PhosVer 3® (Ascorbic Acid) method on the DR900. Coloured dissolved organic matter (CDOM) and optical brightening agents (OBA) was analysed using a handheld Turner AquaFluor fluorimeter.

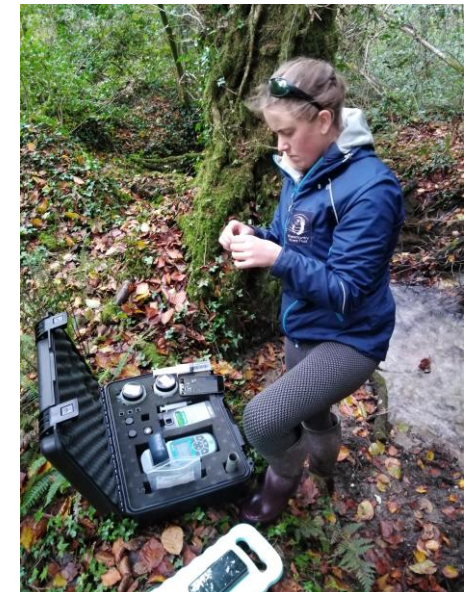
Measurements were also taken for temperature and dissolved oxygen. Approximate flow rates were estimated by eye.



DR900 colourimeter used for PO₄, turbidity and colour



Fluorimeter for used CDOM & OBA



DATA ANALYSIS

The median of all sites for each survey (outlined in orange box) was calculated and exceedances of this value were identified (marked as pink cell).

These were summed (outlined in blue box) and used to calculate the percentage of times the site exceeded the median (outlined in purple box). Sites were first ranked according to % above median, but if the % exceedances were the same, sites were ranked according to the mean (outlined in green box). Rankings were from "best" (1) to "worst" (11).

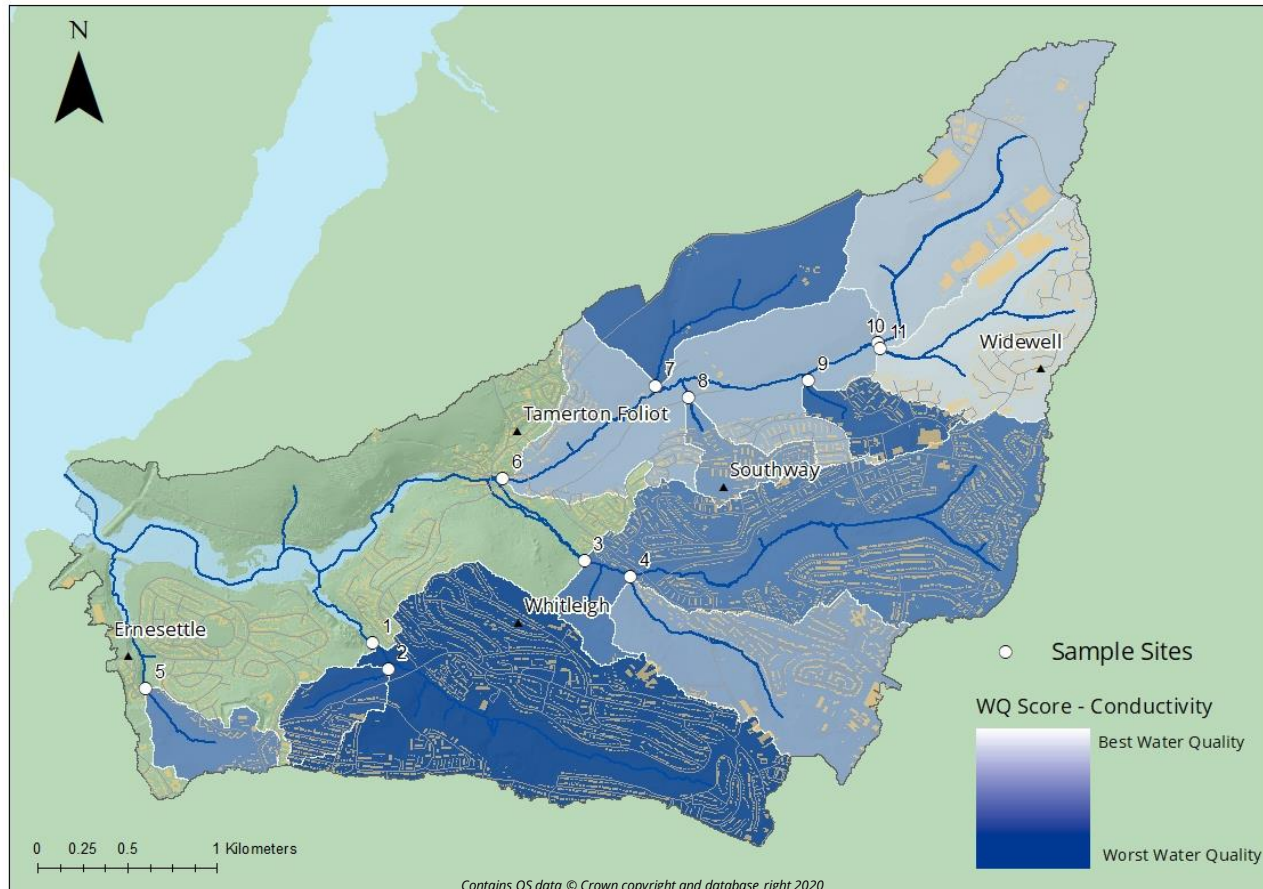
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R
	Site no.	River/Stream	Site Name	EC - 20 NOV 20	EC - 17 DEC 20	EC - 14 JAN 21	EC - 16 FEB 21	EC - 16 MAR 21	EC - 26 APR 21	MIN	MEDIAN	MEAN	MAX	STD DEV	RECS ABOVE MEDIAN	NO. RECS	% ABOVE MEDIAN	RANK
1																		
2	1	Budshead Stream	Below Overhead	462	388	616	515	488	566	388.00	501.50	505.83	616.00	72.99	6	6	100%	11
3	2	Budshead Stream	D/S of Pond	344	477	563	380	415	469	344.00	442.00	441.33	563.00	71.61	6	6	100%	10
4	3	Cann Stream	Old Weir	302	218	393	350	321	341	218.00	331.00	320.83	393.00	53.84	3	6	50%	7
5	4	Cann Stream	Borrowdale Clos	295	329	288	295	323	340	288.00	309.00	311.67	340.00	19.78	2	6	33%	4
6	5	Ernesettle Stream	Pembrey Walk	300	334	301	313	306	344	300.00	309.50	316.33	344.00	16.82	2	6	33%	6
7	6	Tamerton Stream	Seven Stars Pub	300	313	312	262	286	264	262.00	293.00	289.50	313.00	20.77	0	6	0%	3
8	7	Tamerton Stream (trib)	Porsham Lane	463	426	430	295	375	327	295.00	400.50	386.00	463.00	59.65	4	6	67%	8
9	8	Tamerton Stream	Coombe Lane	316	291	322	297	315	331	291.00	315.50	312.00	331.00	13.86	1	6	17%	5
10	9	Tamerton Stream (trib)	Langley Stream	325	343	389	340	352	327	325.00	341.50	346.00	389.00	21.34	5	6	83%	9
11	10	Tamerton Stream	Roborough Stre	244		258	246	240	207	207.00	244.00	239.00	258.00	17.09	0	5	0%	2
12	11	Tamerton Stream	Widewell Stream	225		185	289	249	236	185.00	236.00	236.80	289.00	33.75	0	5	0%	1
13																		
14			MIN	225	218	185	246	240	207	185						64		
15			MEDIAN	302	334	322	297	321	331		321.0							
16			MEAN	325	347	369	326	334	341			338.0						
17			MAX	463	477	616	515	488	566				616.0					
18			STD DEV	72.3	71.7	122.9	70.2	68.8	96.5					31.1				

DATA ANALYSIS

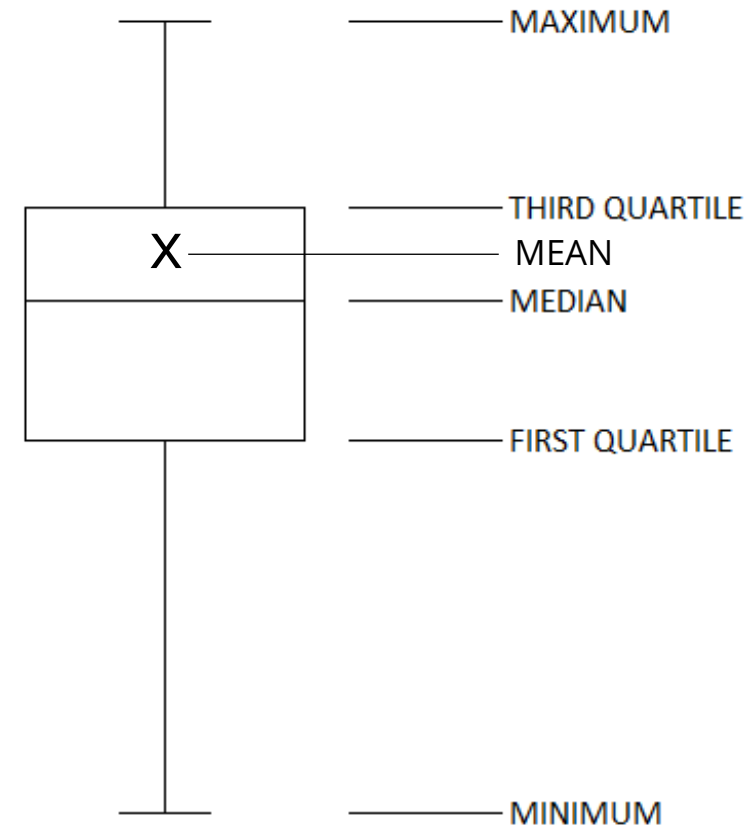
The *Watershed* tool in Arc GIS was used to delineate the subcatchments that represented each sampling point (A). A colour scale was used to represent the rankings (as determined by the methodology given in the previous slide) of each subcatchment from “best” to “worst”.

Box and whisker plots give the distribution of values at each site for each parameter (B). The number of samples, n , for each parameter at each site was 12 unless the box and whisker plot displays a ‘*’, in which case $n = <12$

A



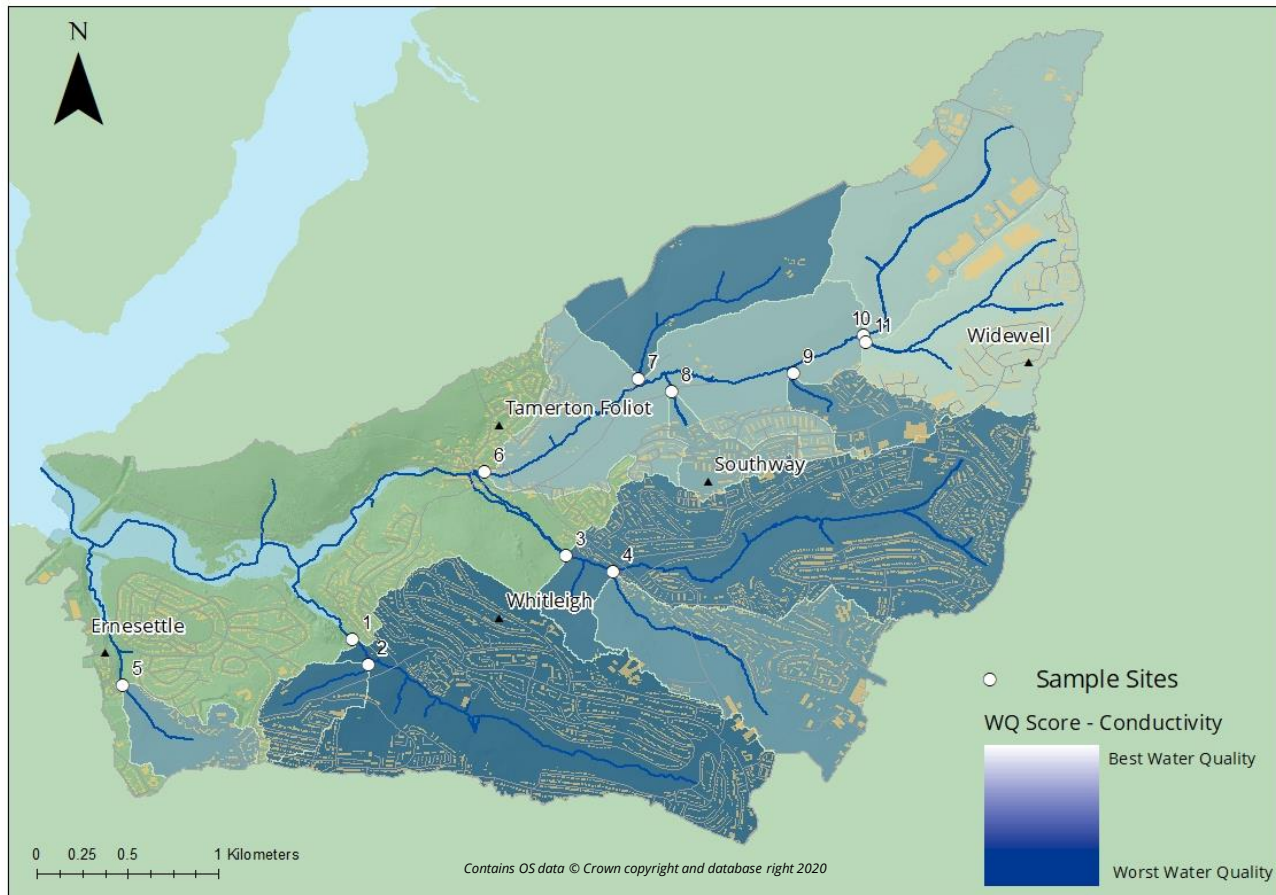
B



CONDUCTIVITY

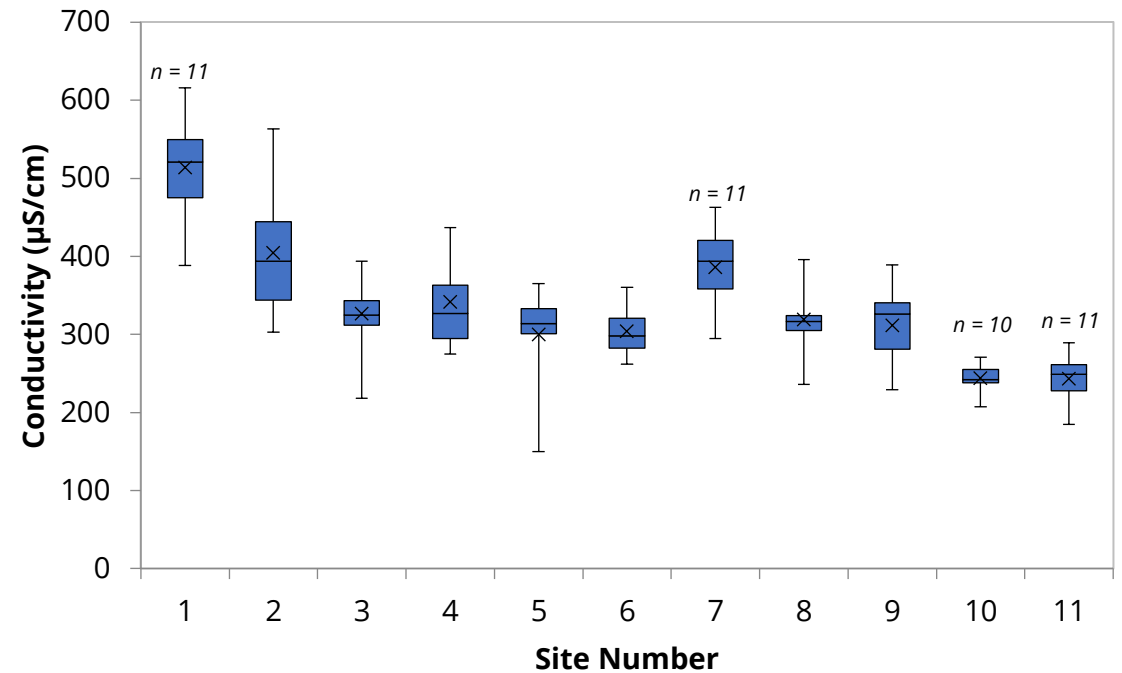
Electrical conductivity (EC) is a good proxy for changes in general water quality. Pollution from wastewater and urban and agricultural runoff will cause an increase in EC.

Conductivity for the catchments ranges from **150 – 616 $\mu\text{S/cm}$** with a median of **322**



$\mu\text{S/cm}$. The greatest range in conductivity is observed on the Budshhead Stream D/S of pond (site 2).

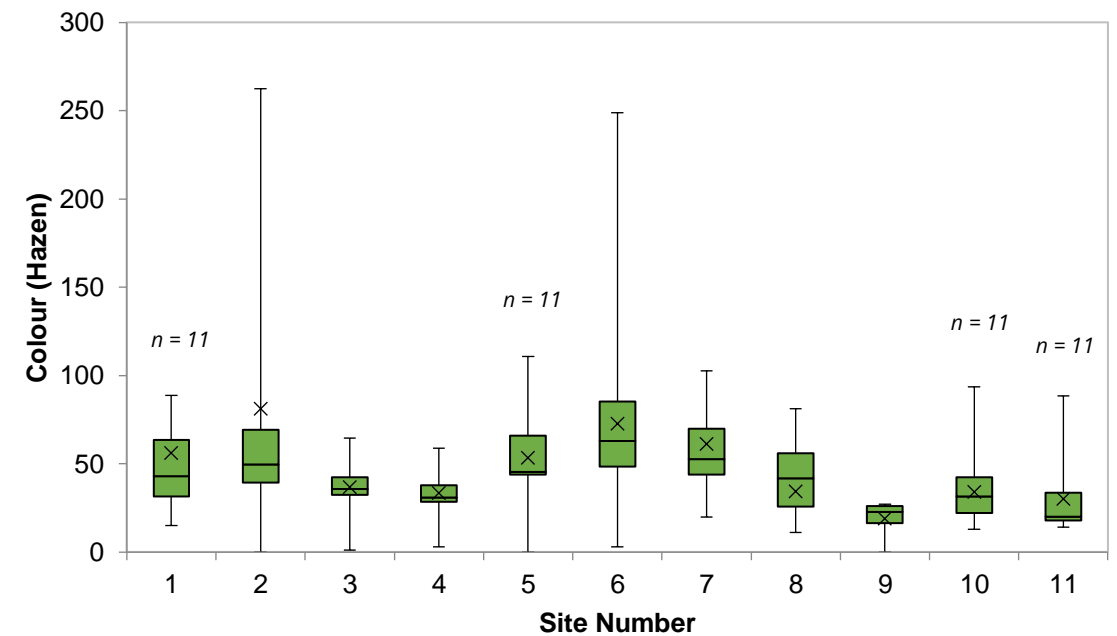
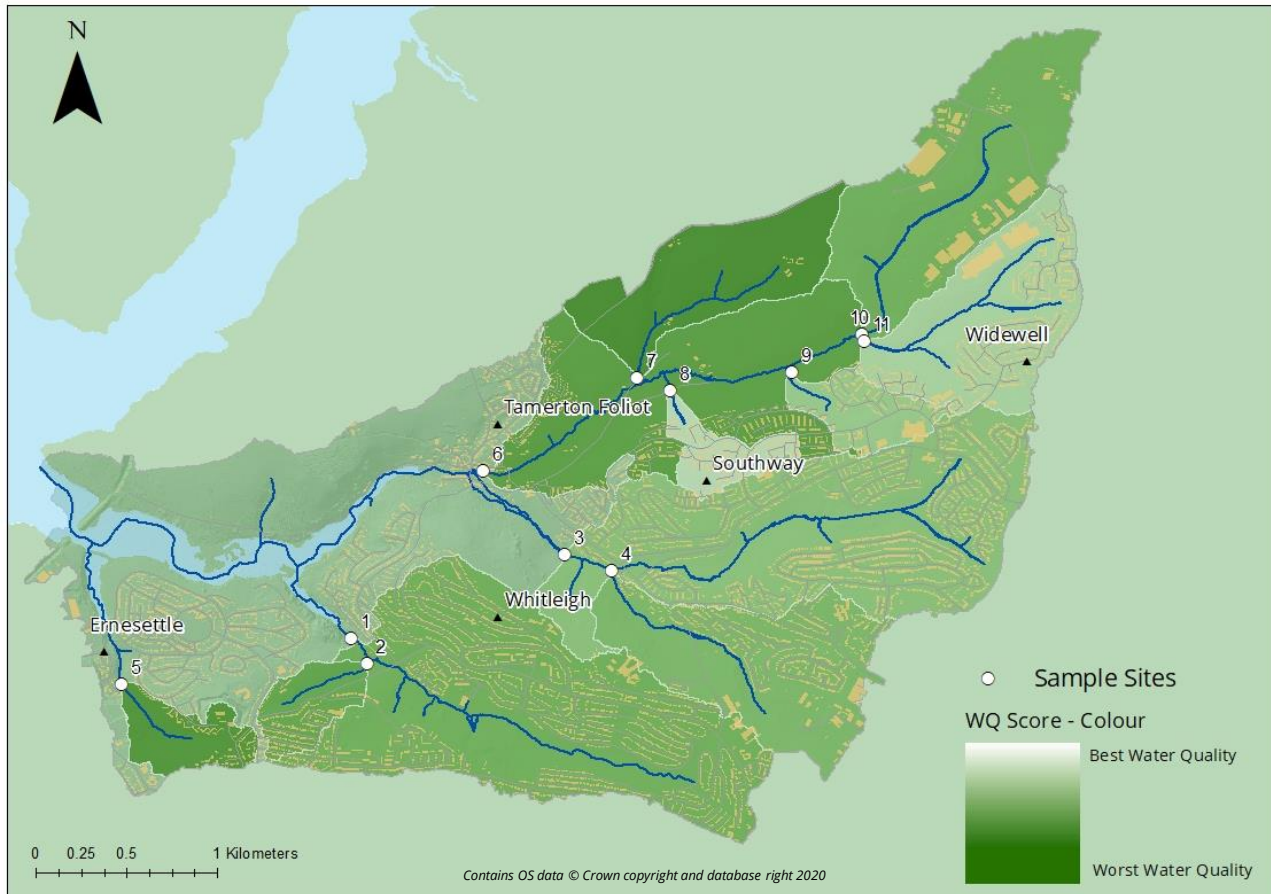
The Budshhead Stream site 1 and 2 score worst for this parameter. The conductivity at both sites on the Budshhead stream are consistently above the median for the whole catchment. The stream suffers from the influence of multiple pipes carrying suspected misconnected grey water and road runoff contributing to the high conductivity score.



COLOUR

The brown colour often found in samples occurs primarily as a result of tannin-stained waters released from decaying detritus or peat. Although our samples were unfiltered and therefore represent apparent and not true colour, suspended sediment was generally very low in all streams and therefore interference from particulate material was minimal.

Colour for the catchments ranges from **0 – 270 Hazen**, with a median of **37.5 Hazen**. The greatest range in colour is observed on the Budshhead Stream downstream of the pond (site 2), likely due to decaying organic material in the pond. The Tamerton Stream at Porsham Lane (site 7) returns the highest score for colour, possible due to woodland and agricultural influences.



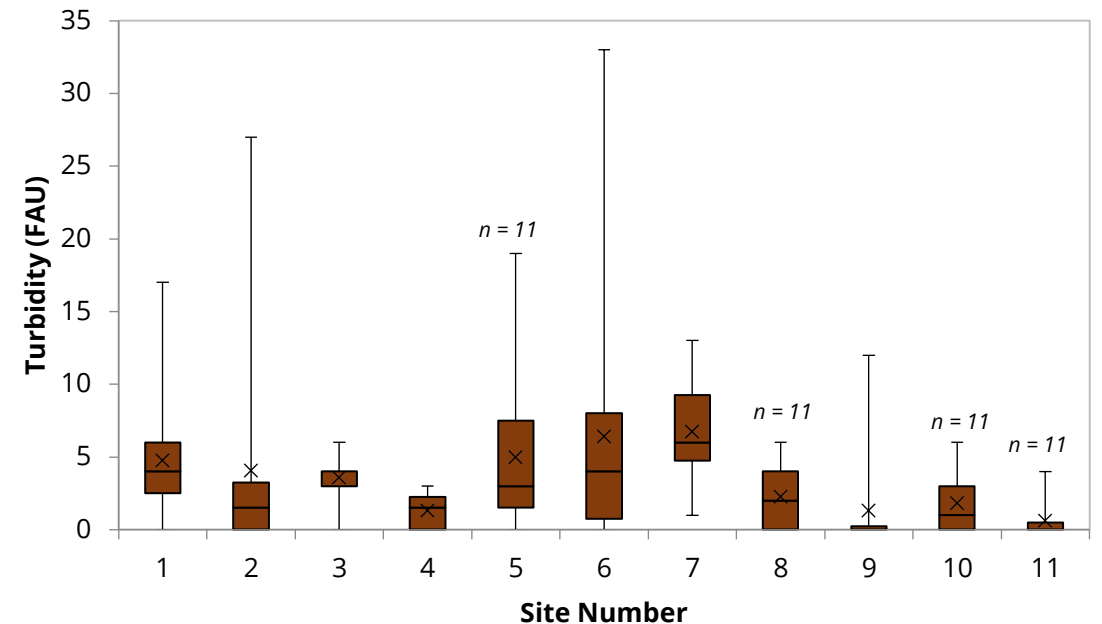
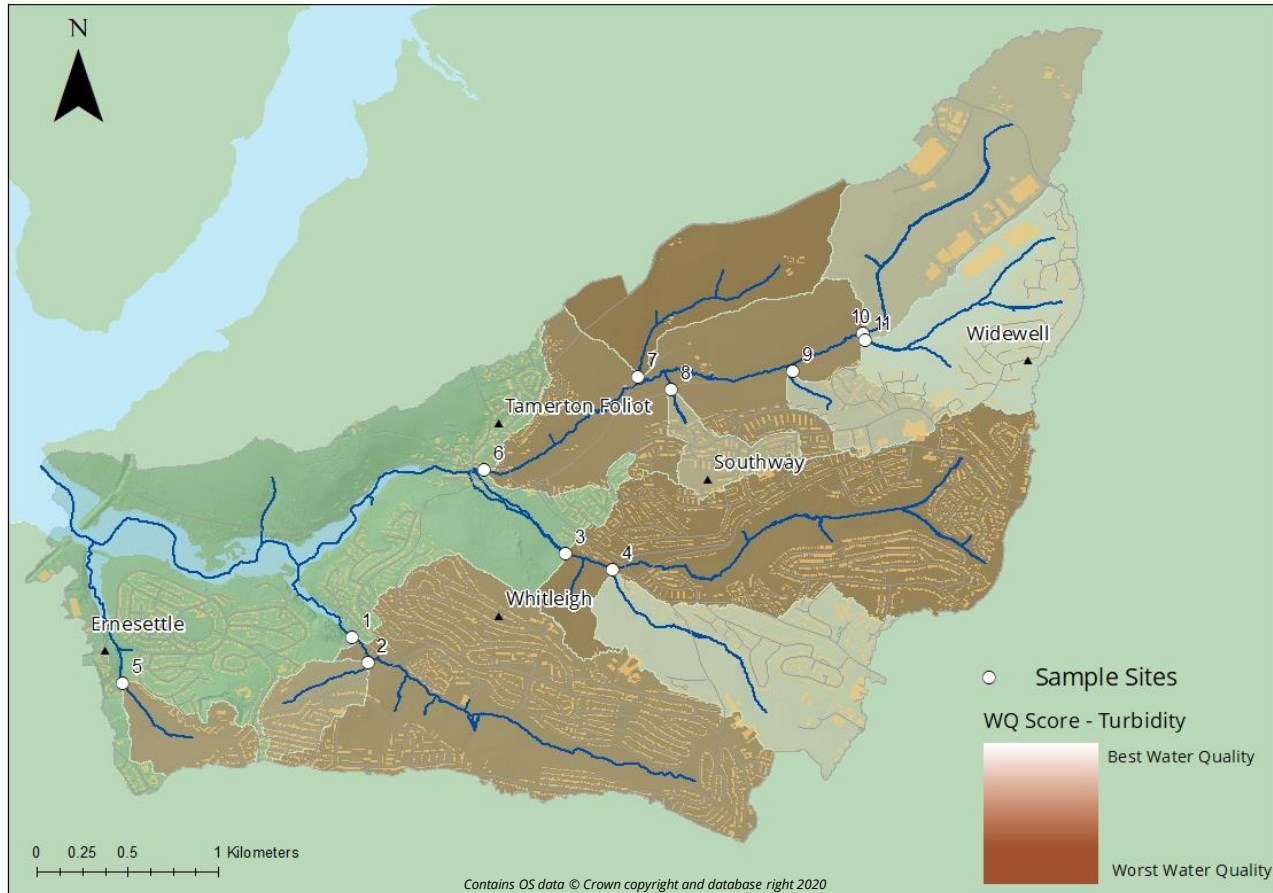
TURBIDITY

The brown colour seen in a river causing a brown to orange, cloudy appearance is suspended sediment. For these monitoring surveys, turbidity is used as a proxy for suspended sediment as filtration, drying and weighing of the sample is not possible.

Turbidity for the catchments ranges from **below detection limits - 33 NTU**, with a

median of **3 NTU**. The greatest range in turbidity is observed on the Tamerton Stream at Seven Stars Pub (site 6) where the highest measurement was made during the September survey.

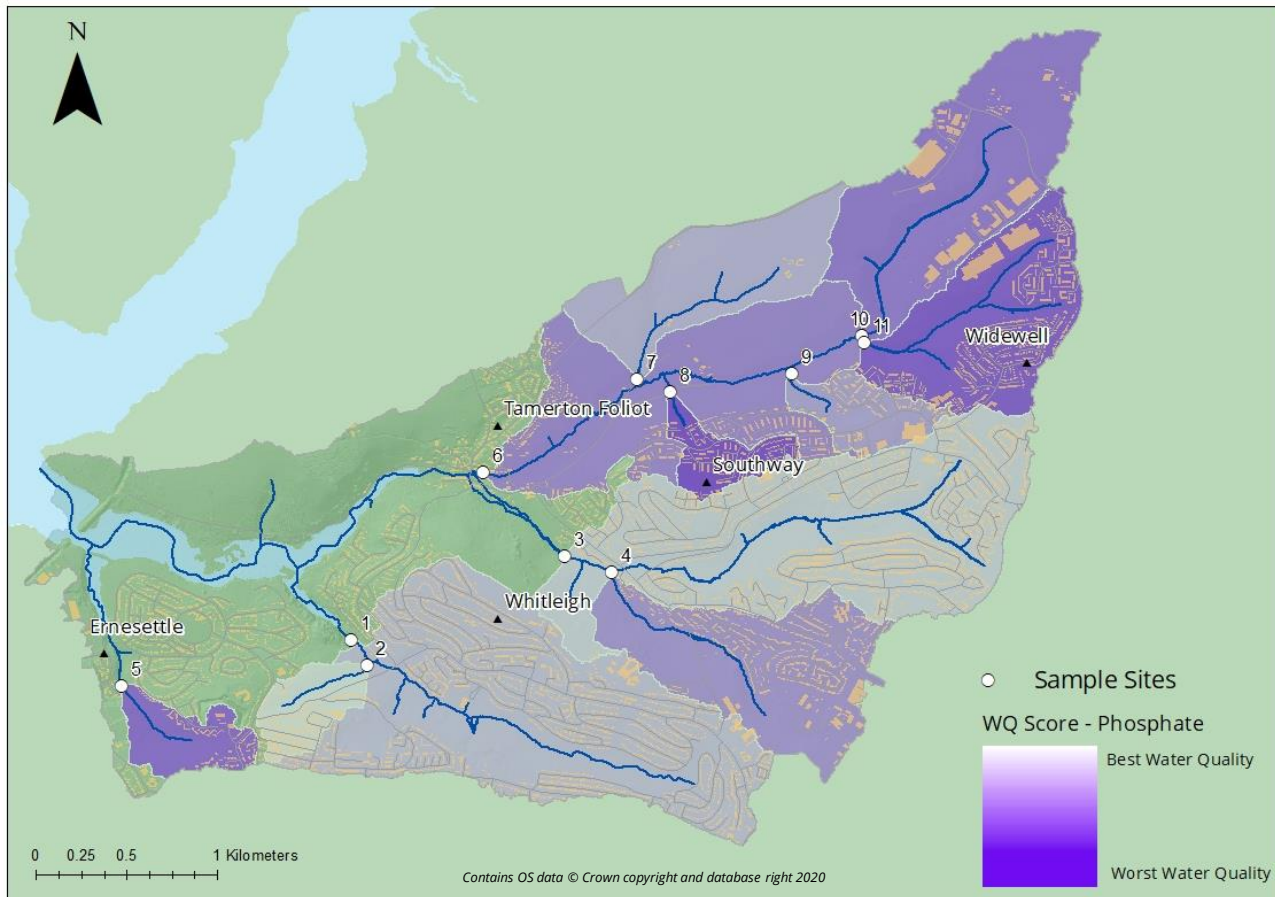
Turbidity values are generally low in this area which may be a consequence of undertaking spot sampling during dry weather and therefore the impact of rainfall was not fully observed. The Tamerton Stream at Porsham Lane (site 7) is the worst affected catchment, likely due to its rural position, followed by Budshhead Stream below overhead pipe (site 1) which suffers from turbid discharges.



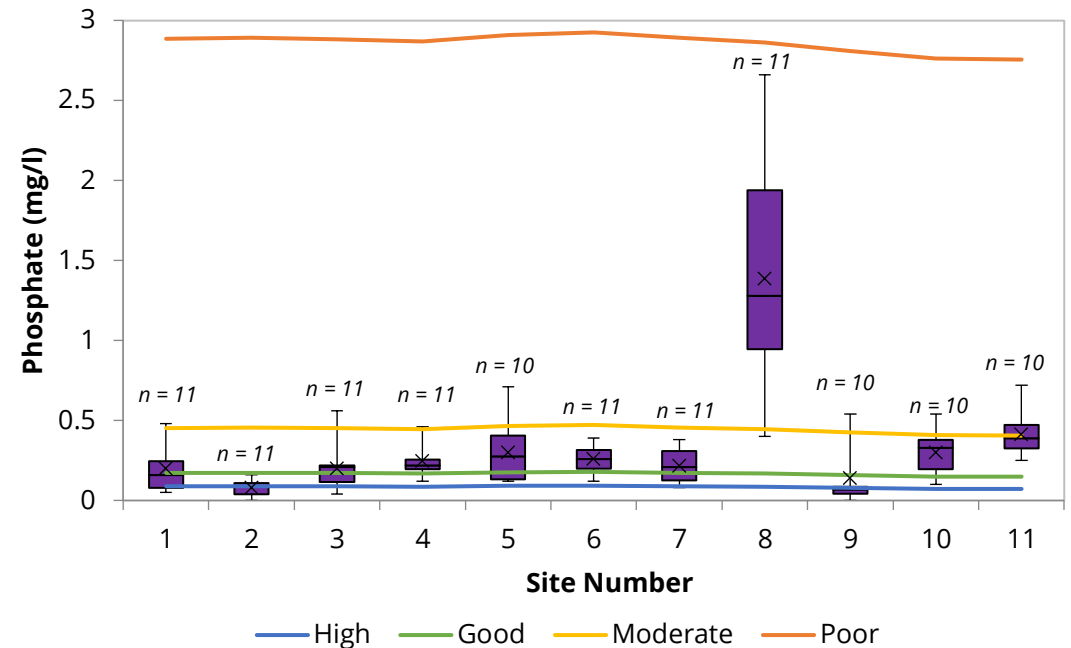
PHOSPHATE

Phosphate, PO_4 , is a nutrient which in excess can lead to algal growth, oxygen depletion and eutrophication.

Phosphate for the catchments ranges from **<LOD to 2.7 mg/L**, with a median of **0.2 mg/L**. The greatest range in PO_4 is observed on the Combe Lane Stream.



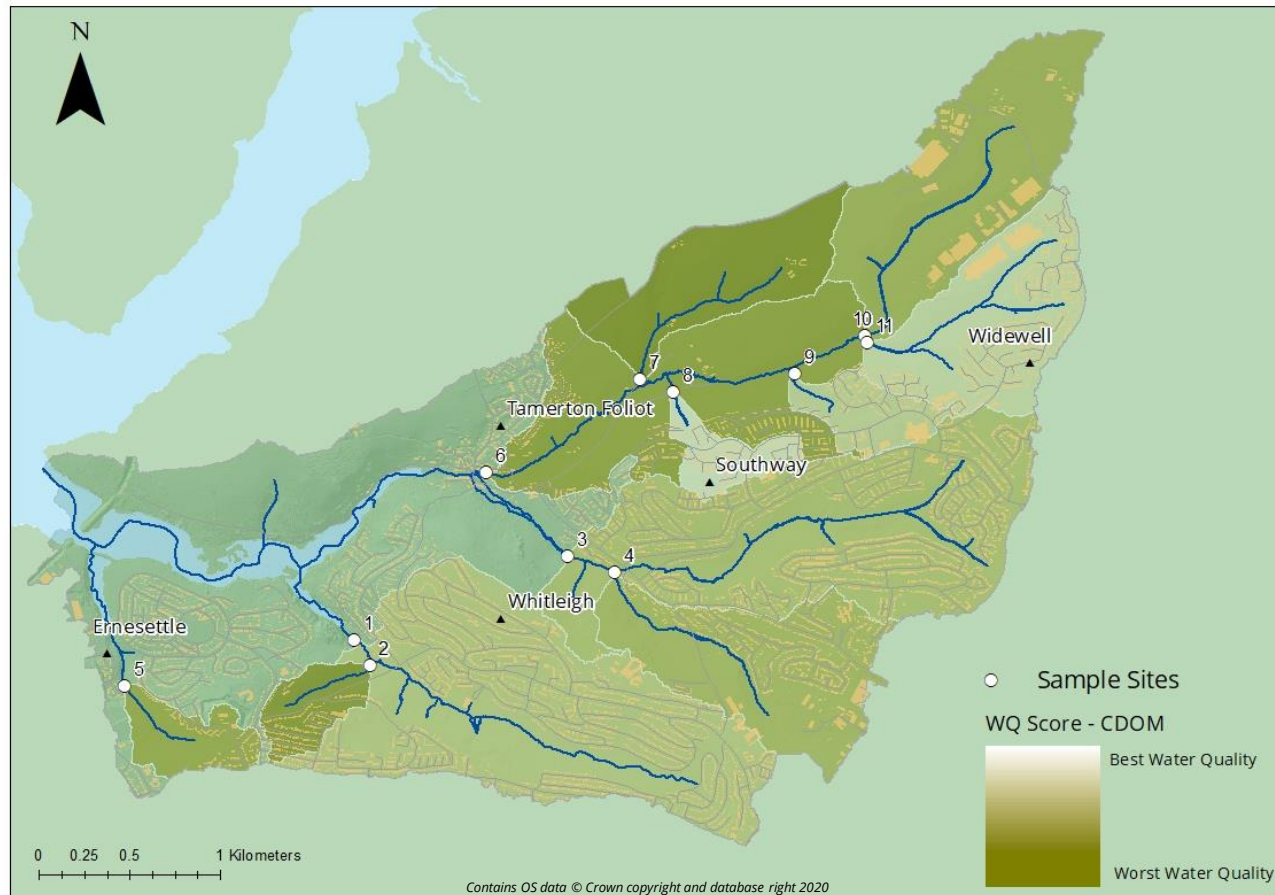
The Tamerton Stream at Coombe Lane (site 8), the Ernesettle Stream at Pembery Walk (site 5) and Tamerton Stream at Widewell Stream Footbridge (site 11) are worst the affected. There are very elevated PO_4 concentrations at site 8 the highest of which came during the April sample run where flows were very low, which reiterates our suspicions of a point source input. Phosphate levels are generally high for all sample sites, particularly during low flows indicating that there are issues from point source inputs throughout the catchment. The effects of elevated phosphate are not immediately evident in the streams. However, there have been a number of reports of algal blooms in the Tamerton Lake (which receives all streams in this catchment) during the summer months for which high phosphate could be a contributing factor.



CDOM

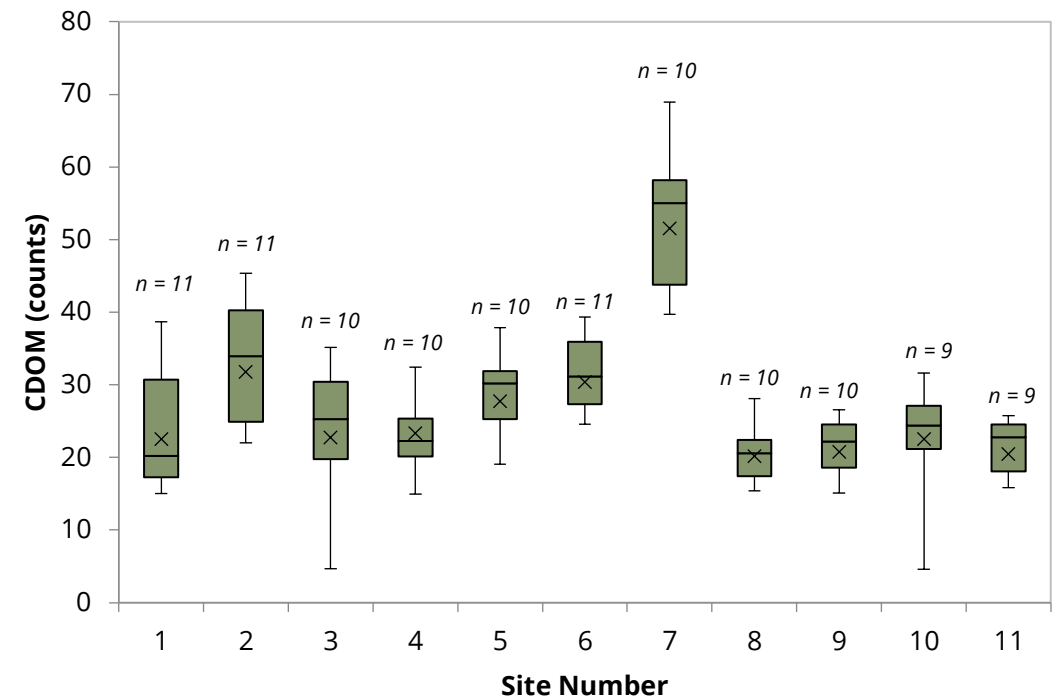
CDOM, or coloured dissolved organic matter, is dissolved organic matter that absorbs strongly in the UV spectrum. It is evaluated by measuring the fluorescing fraction of CDOM, known as fDOM. CDOM may vary in abundance with activities such as forestry, agriculture, effluent discharge and wetland drainage

CDOM for the catchments ranges from **5–69 counts**, with a median of **24.5 counts**.



The greatest range in CDOM is observed on the Porsham Stream (site 7).

The highest CDOM signals all come from the Porsham Stream. This could be due to its wooded and rural setting with the added pressure of agricultural input. The other streams and tributaries in the catchment are predominantly urban and give a weaker CDOM signal.



OBA

OBA, or optical brightening agents, are chemical compounds that absorb UV light and emit it by fluorescence, making it measurable (like CDOM) using a fluorimeter. They are used in washing detergents and some cosmetics and are a useful indicator for potential misconceptions in homes.

CDOM and OBA both fluoresce in a similar part of the spectrum. While the 'peak' fluorescence occurs at wavelengths of c. 420 nm and 440 nm respectively, there is a fluorescence response from nearby wavelengths too. As the fluorescence responses from CDOM and OBA 'overlap', CDOM will give a 'false' OBA reading and vice versa (Fig 1). If the sample contains only CDOM then we can expect that the ratio of the measured CDOM to OBA 'peaks' should be consistent. If there is OBA present in the sample then we would expect it to change the shape of the fluorescence response curve and this would be reflected in the ratio between the two.

We notice the 'normal' relationship between the two parameters is consistently: $\frac{\text{CDOM}}{\text{OBA}} = \sim 6$.

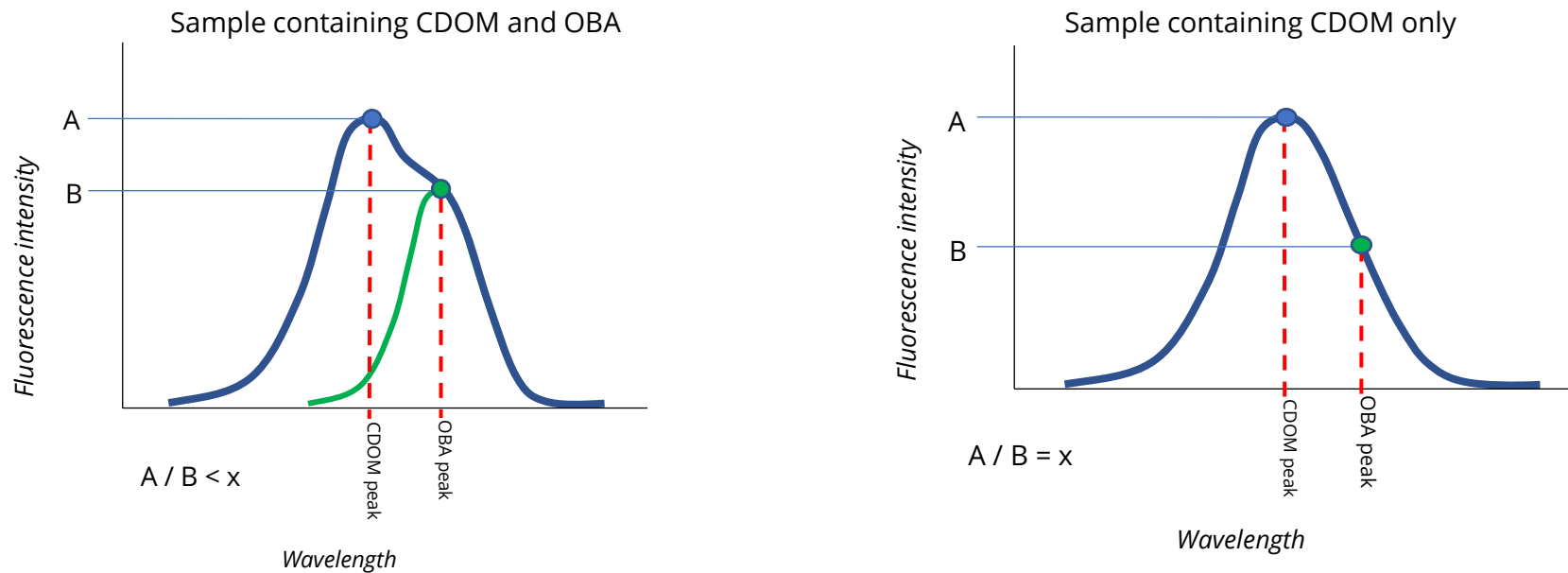
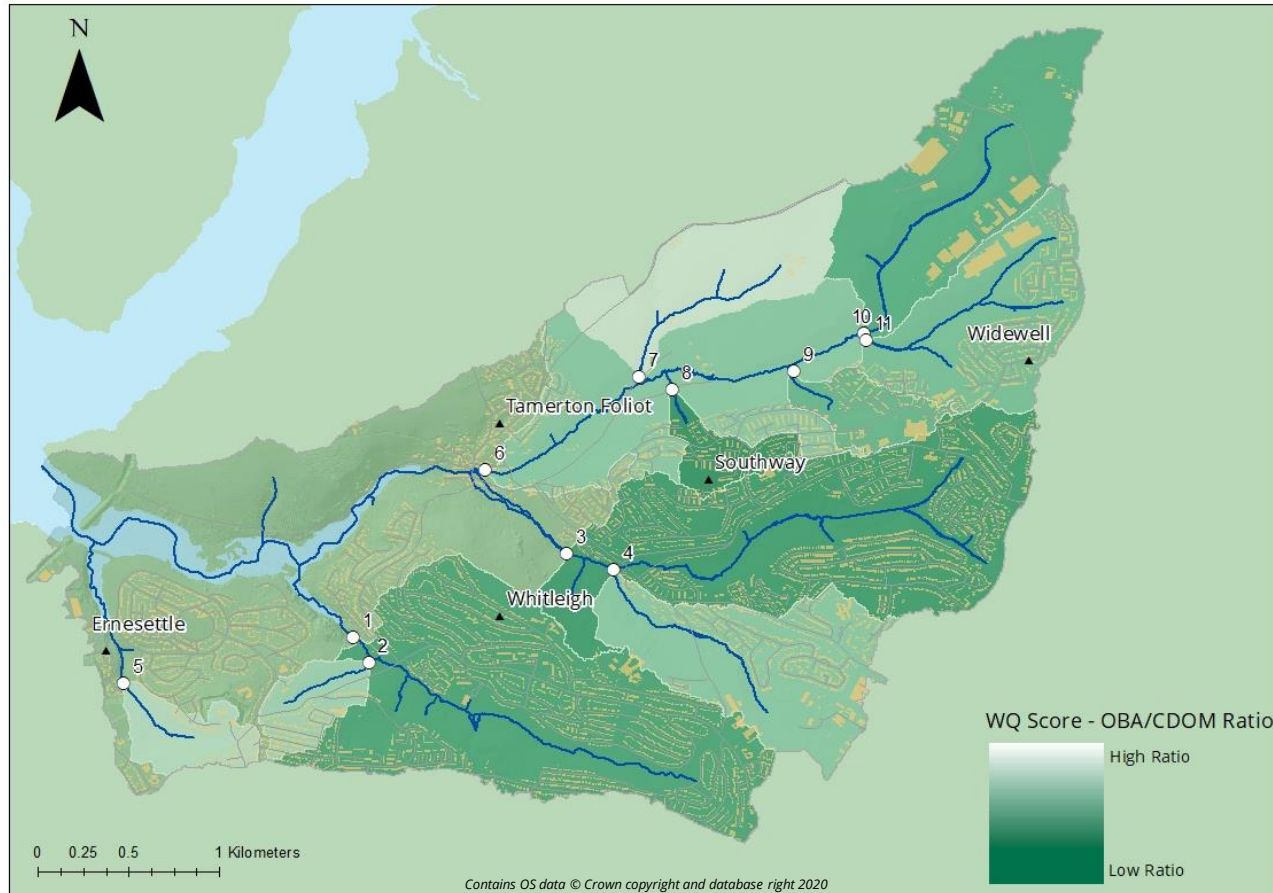


Fig 1. The theoretical output from the fluorescence analysis whereby peaks from OBA and CDOM overlap one another due to their wavelength proximities

CDOM/OBA

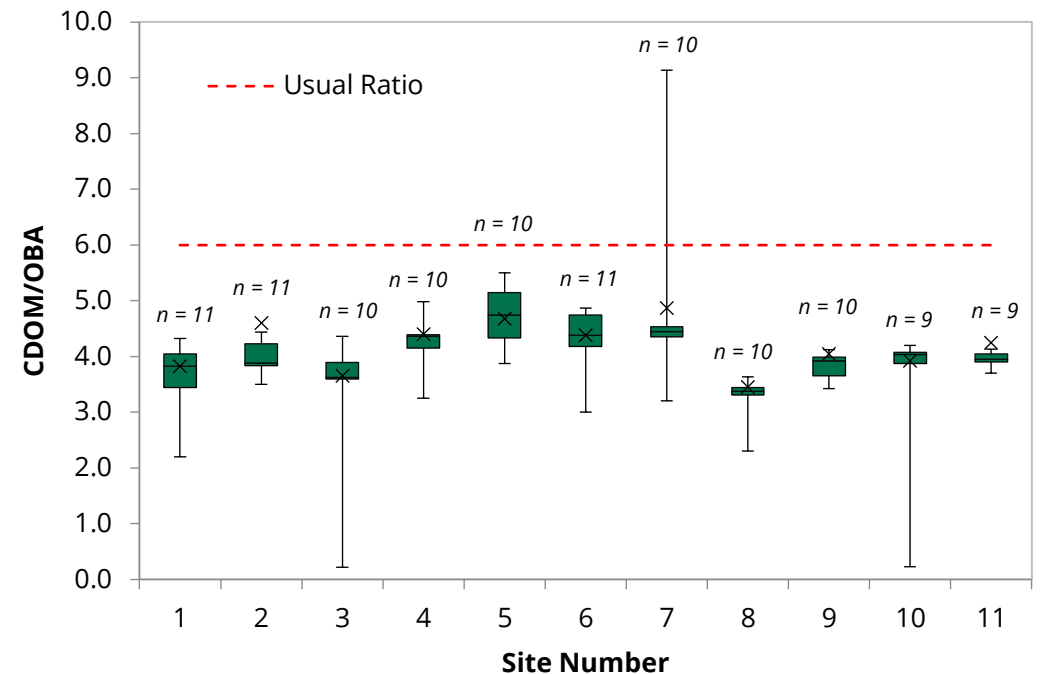
The ratio of CDOM to OBA has been worked out for all sites and plotted as a box plot and mapped to show the high to low ratios across the catchment.

Tamerton Stream at Porsham Lane (site 7) is the only one to show a higher ratio of CDOM to OBA with a max of **9.3** likely due to organic matter from the surrounding riparian woodland and from agricultural inputs. The Cann Stream at the Old Weir



(site 3) and The Roborough Stream (site 10) show the lowest ratios (**0.2**), meaning the highest levels of OBA were seen in these stream.

Although this method gives a good indication that OBA is present in these streams, our instrumentation limits us to only semi-quantitative data, All other sites show the presence of OBA with a mean ratio of **4.2**, indicating that all streams may well be receiving grey water in varying amounts. Although further investigation would be needed to prove and quantify this, these numerical observations are in line with the observations of the suspected misconnected outfalls entering the streams.

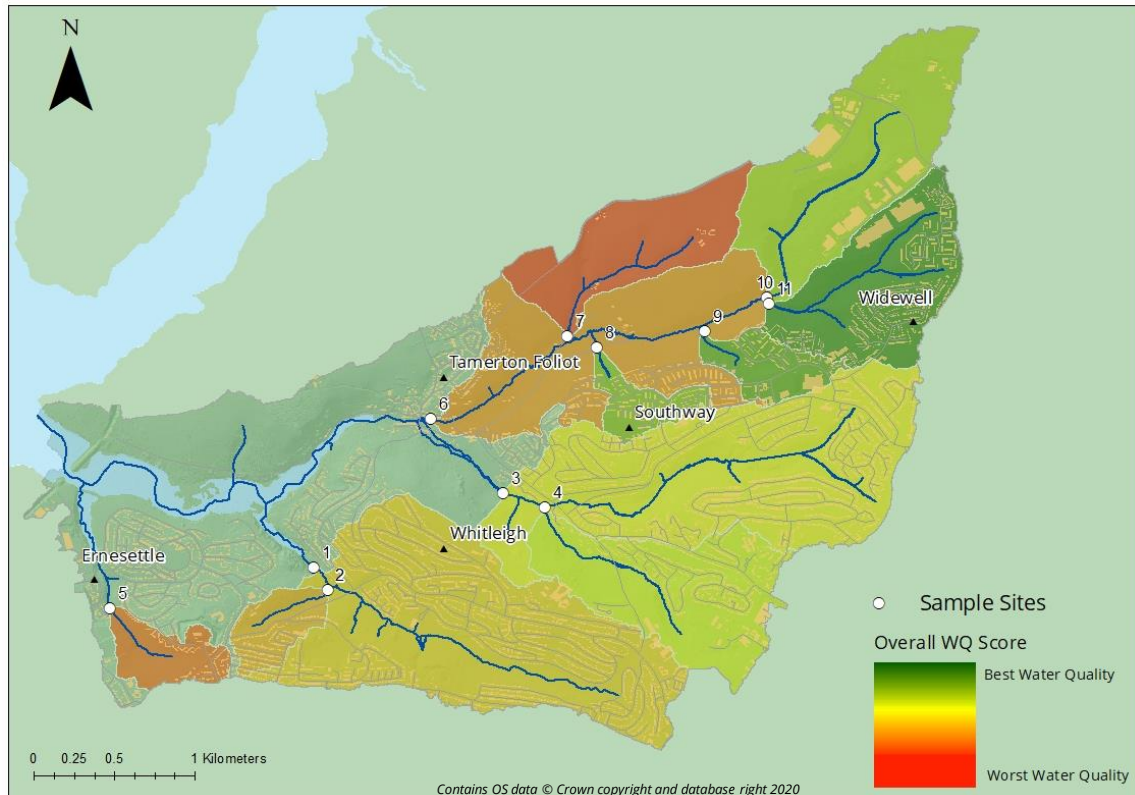


OVERALL

Overall water quality is the **average** of the scores given for each basic water quality indicator; conductivity, phosphate, colour, sediment and C-DOM. Because CDOM and OBA tend to score the same, OBA was not included so as not to bias the overall score too much towards the fluorescence.

The Tamerton Stream at Porsham Lane (site 7) is the worst affected overall. Ernesettle Stream at Pembrey Walk (site 5), Tamerton Stream at Seven Stars Pub (site 6) and Budshead Stream downstream of pond (site 2) also score poorly for overall quality.

It is recommended that improvement works during the PRK project are focused on these worst performing streams, identified during this baseline monitoring. Farm advisory work has already begun in the Porsham Stream catchment and further monitoring could focus on interventions and improvements being made to give quantifiable evidence of the impact of works.



Site no.	River/Stream	Site Name	EC	TURB	PO4	COL	CDOM	OVERALL
1	Budshead Stream	Below Overhead Pipe	11	8	3	7	4	6.6
2	Budshead Stream	D/S of Pond	10	6	1	8	10	7
3	Cann Stream	Old Weir	9	10	2	5	5	6.2
4	Cann Stream	Borrowdale Close	6	2	6	6	6	5.2
5	Ernesettle Stream	Pembrey Walk	5	7	9	10	8	7.8
6	Tamerton Stream	Seven Stars Pub	3	9	7	9	9	7.4
7	Tamerton Stream (trib)	Porsham Lane	8	11	4	11	11	9
8	Tamerton Stream (trib)	Coombe Lane	4	5	11	2	1	4.6
9	Tamerton Stream (trib)	Langley Stream	7	3	5	1	3	3.8
10	Tamerton Stream	Roborough Stream	2	4	8	4	7	5
11	Tamerton Stream	Widewell Stream Footbridge	1	1	10	3	2	3.4

INVERTEBRATE SAMPLING

Invertebrate sampling was carried out using the ARMI Riverfly partnership method of 3-minute kick sample followed by a 1-minute hand search. This method was chosen so that it can be applied by volunteers in the future.


Riverflies include three groups of pollution sensitive insects; mayflies (Ephemeroptera), caddisflies (Trichoptera) and stoneflies (Plecoptera) (fig. 3). They are a vital link in the aquatic food chain as a food source for fish, birds and mammals. Populations are affected by many factors, predominantly water quality, habitat diversity, water level and flow rate. In a healthy river most of the pollution sensitive invertebrates should be present. Declines in water quality are reflected in declines in invertebrate diversity.

The trigger level is the baseline score given to a waterbody. After collecting a sample, if the score (determined from numbers of species collected during sampling (fig.1)) is above the trigger level then the stream health is good, and no action is needed. If the score is below the trigger level the site must be resampled and, if still below the trigger level, the local Riverfly coordinator and the Environment Agency should be informed.

After consultation with the Environment Agency ecology lead, it was decided that Tamerton Stream at Severn Stars Pub (site 6) and Cann Stream at Old Weir (site 3) should have a trigger level of 7 and Budshead Stream below overhead pipe (site 1) should have a trigger level of 4.

**Riverfly monitoring for anglers
and conservation volunteers
Recording sheet**

ARMI group	
Site name	
River	
Grid reference	
ARMI group coordinator	
Trigger level	



		Example month	Month 1		Month 2		Month 3		
Date		27/06/2015							
Recorded by		B Fitch & A Menzies							
		Est. number*	Score	Est. number*	Score	Est. number*	Score	Est. number*	Score
Caddisflies	Cased caddisfly	20	2						
	Caseless caddisfly	2	1						
Up-wing flies	Mayfly (Ephemeraidae)	10	2						
	Blue-winged olive (Ephemereilidae)	20	2						
	Flat-bodied stone clinger (Heptageniidae)	100	3						
	Olives (Baetidae)	4	1						
Stoneflies	Stoneflies (Plecoptera)	3	1						
Freshwater shrimp	Freshwater shrimp (Gammaridae)	8	1						
ARMI score		13							
Additional observations/notes		Fly hatches observed. River level: LHB 200mm, Middle 350mm, RHB 150mm.							

Note the 'Score' and estimate the numbers of each target group from the sample, for example:

- If less than 10 Cased caddis: enter 'Score' 1 and estimate the number
- If between 10 and 100 Caseless caddis: enter 'Score' 2 and estimate the number to the nearest 10
- If between 100 and 1000 Mayflies: enter 'Score' 3 and estimate the number to the nearest 100
- If more than 1000 Olives: enter 'Score' 4 and estimate the number to the nearest

Available on line at www.riverflies.org

Abundance	Score	Estimated number*
1-9	1	Quick count
10-99	2	Nearest 10
100-999	3	Nearest 100
Over 1000	4	Nearest 1000

Fig.1 Example Riverfly recording sheet. © Riverfly Partnership

INVERTEBRATE SAMPLING

Two samples were taken at each kick sampling site during the year. This was to establish a baseline to aid in assigning a trigger level and to establish these sites for volunteer monitoring in the future.

On the Budshead Wood Stream below the overhead pipe, an initial kick sample on 24th April 2021 was taken downstream of a constantly discharging pipe. However, the score was extremely low (Table 1A), suspected to be due to the pipe discharge. It was thus decided that all future samples should be taken upstream of the discharging pipe to discount its effects on the invertebrate population. The score of 4 for the above site is still very low, indicating that the stream is receiving pollutants which decrease the diversity of the invertebrate populations. It was also noted that there were leeches and bloodworms present in the sample which are all pollution tolerant species.

All other sites have good diversity and abundance of the eight Riverfly species (Table 1 B and C). The Tamerton Stream in March showed the highest abundance and diversity of species of all kick samples taken.

Ideally, monthly samples would be taken for all sites to give a good picture of overall health of the streams. However, this was not possible this year due to time constraints.

A

Budshead Stream below overhead pipe	24-Apr-21	score	26-Jul-21	score
Cased Caddis			1	1
Caseless Caddis				
True Mayfly (Epherimedae)				
Flat Bodied Mayfly				
Olive Mayfly				
Blue-winged Olive Mayfly				
Stonefly			8	1
Gammarus	2	1	12	2
Total	2	1	21	4

B

Tamerton Stream @ Seven Stars Pub	16-Mar-21	score	24-Aug-21	score
Cased Caddis	5	1	1	1
Caseless Caddis	9	1	2	1
True Mayfly (Epherimedae)	8	1		
Flat Bodied Mayfly	6	1		
Olive Mayfly	0		20	2
Blue-winged Olive Mayfly	65	2	1	1
Stonefly	15	2	45	2
Gammarus	40	2	6	1
Total	148	10	75	8

C

Cann Stream @ Old Weir	23-Jun-21	score	24-Sept-21	score
Cased Caddis	5	1		
Caseless Caddis			1	1
True Mayfly (Epherimedae)				
Flat Bodied Mayfly				
Olive Mayfly	25	2	25	2
Blue-winged Olive Mayfly				
Stonefly	40	2	30	2
Gammarus	30	2	10	2
Total	100	7	66	7

Table 1. Results from invertebrate kick sampling using the Riverfly method at A) Tamerton Foliot Stream @ Seven Stars Pub, B) Budshead Stream below overhead pipe and C) Cann Stream @ Old Weir.

OBSERVED ISSUES

Throughout the whole catchment there are issues with misconnected pipes and outfalls (fig. 2 A) as evidenced from the smell, visual observations and the water quality results detailed in this scorecard.

The other big issue is the prevalence of litter, which has been observed at 8 out of the 11 sampling sites and seen 92 times in the past year of sampling. Through the PRK and PPP (Preventing Plastic Pollution) projects there have been four community litter picks carried out to help reduce the litter in the catchment (fig.2 B).

A number of barriers in the stream, both natural and manmade, have been observed at half of the sampling sites (fig.2 C). These are often accumulators of plastic and can be an issue for wildlife, particularly migrating fish.

Pollution incidents have been spotted and reported by community individuals and by the PRK monitoring team. On 24th September 2021 high ammonia and low oxygen was recorded on the Budshead Stream. Sewage fungus and sewage debris (fig.2 D) was also observed and the pollution incident was reported to the Environment Agency.

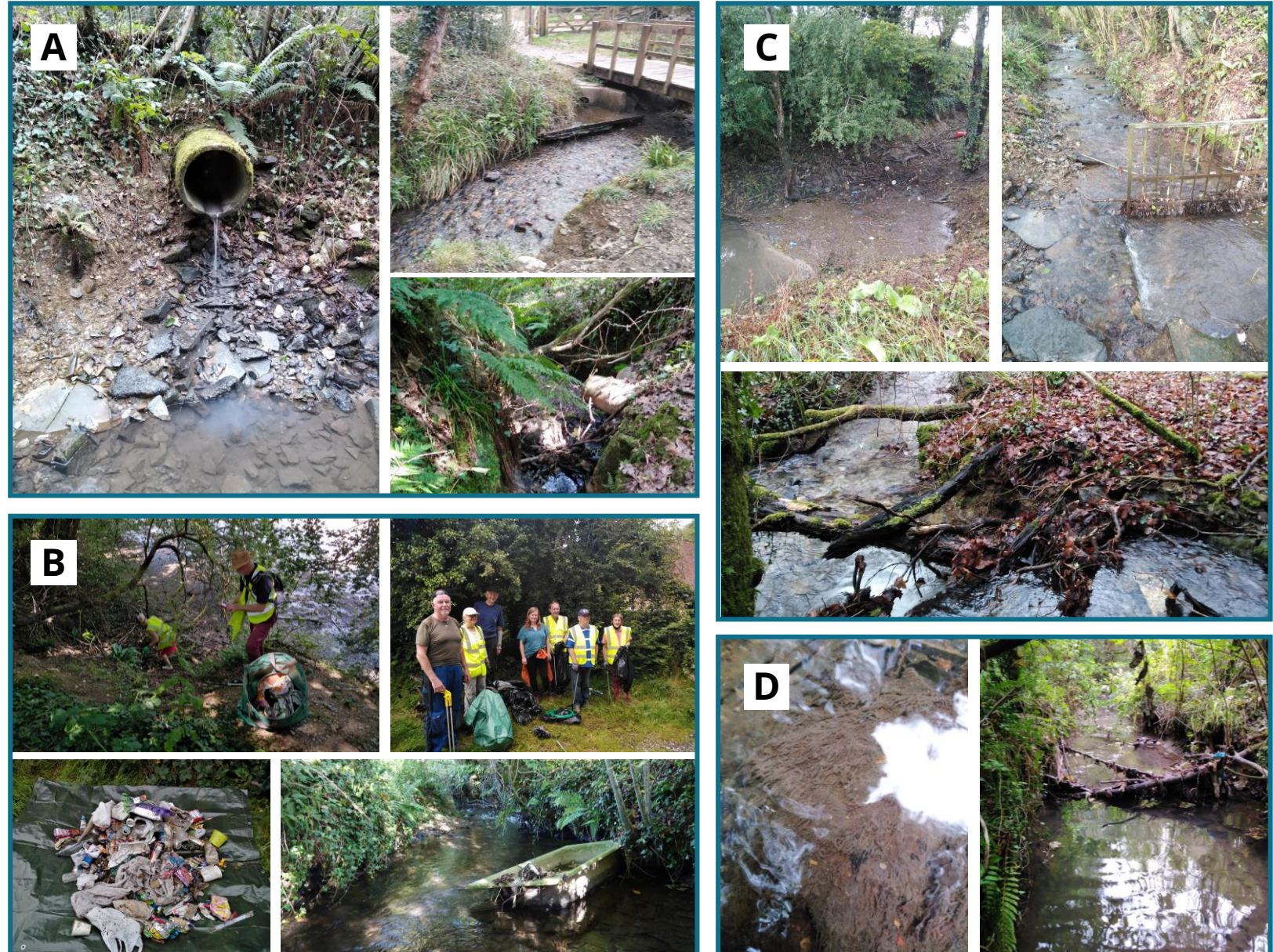


Fig.2 A) Examples of discharge pipes around the catchment. B) Litter picking carried out by community volunteers. C) Natural and man-made barriers in the catchment. D) Pollution on the Budshead stream in September (reported to EA).

TELEMETERED SONDE

An AquaTROLL 200 (AT200) sonde measuring temperature, depth and conductivity was installed at the bottom of the Tamerton Foliot Stream on Riverside Walk in July 2021 (fig.3). It was connected to a Mace telemetry unit (fig.4) which sends data to the Hydrovu website every 15 minutes (fig.5). A Brinno time-lapse camera is also installed at this site, capturing data every 15 minutes to give a visual picture alongside the data.

An alarm is set to go off if the conductivity exceeds 310 $\mu\text{S}/\text{cm}$, as over this value may indicate that pollution has run through the stream. This figure is based on analysis of the conductivity data which shows a median of 292 $\mu\text{S}/\text{cm}$. As we receive more data from the sonde it may be that we adjust this alarm.



Fig. 3 Screen grab from the Hydrovu website showing the live data from the sonde.



Fig. 4 The AT200 sonde in its casing. It is installed so it sits upright inside the pipe to avoid it getting damaged or clogged with debris and sediment.

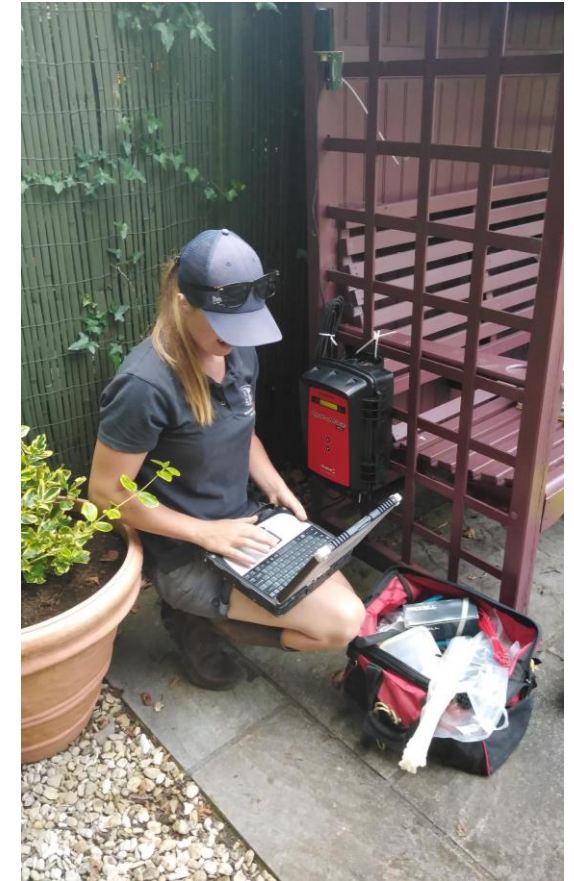


Fig. 5 Holly Pearson setting up the Mace telemetry unit.

TIME-LAPSE DATA

Conductivity and depth data from the AT200 has been plotted against 15 minute rainfall data (downloaded from the EA rain gauge at Crownhill) (fig.6 A/B). As would be expected, rainfall causes the depth to rise and the conductivity to reduce as the higher water level dilutes the ions in the water column.

The minimum value for conductivity is 88 μ S/cm seen on 9th September 2021 (C) and the maximum is 334 S/cm (F) seen on the 26th October 2021. From our spot sampling results, the Tamerton Stream at Seven Stars (upstream of the sonde) is ranked 3 out of the 11 sites for conductivity, indicating that it is not consistently elevated. This is confirmed from the sonde data which shows there are only small rises above the baseline level of conductivity and from the photographs these seem not to coincide with pollution that is visible (D).

Depth reached a maximum of 0.87 m (E) on the 4th October 2021 (coinciding with the highest rainfall of 7 mm) and a minimum of 0.1 m on the 31st August 2021.

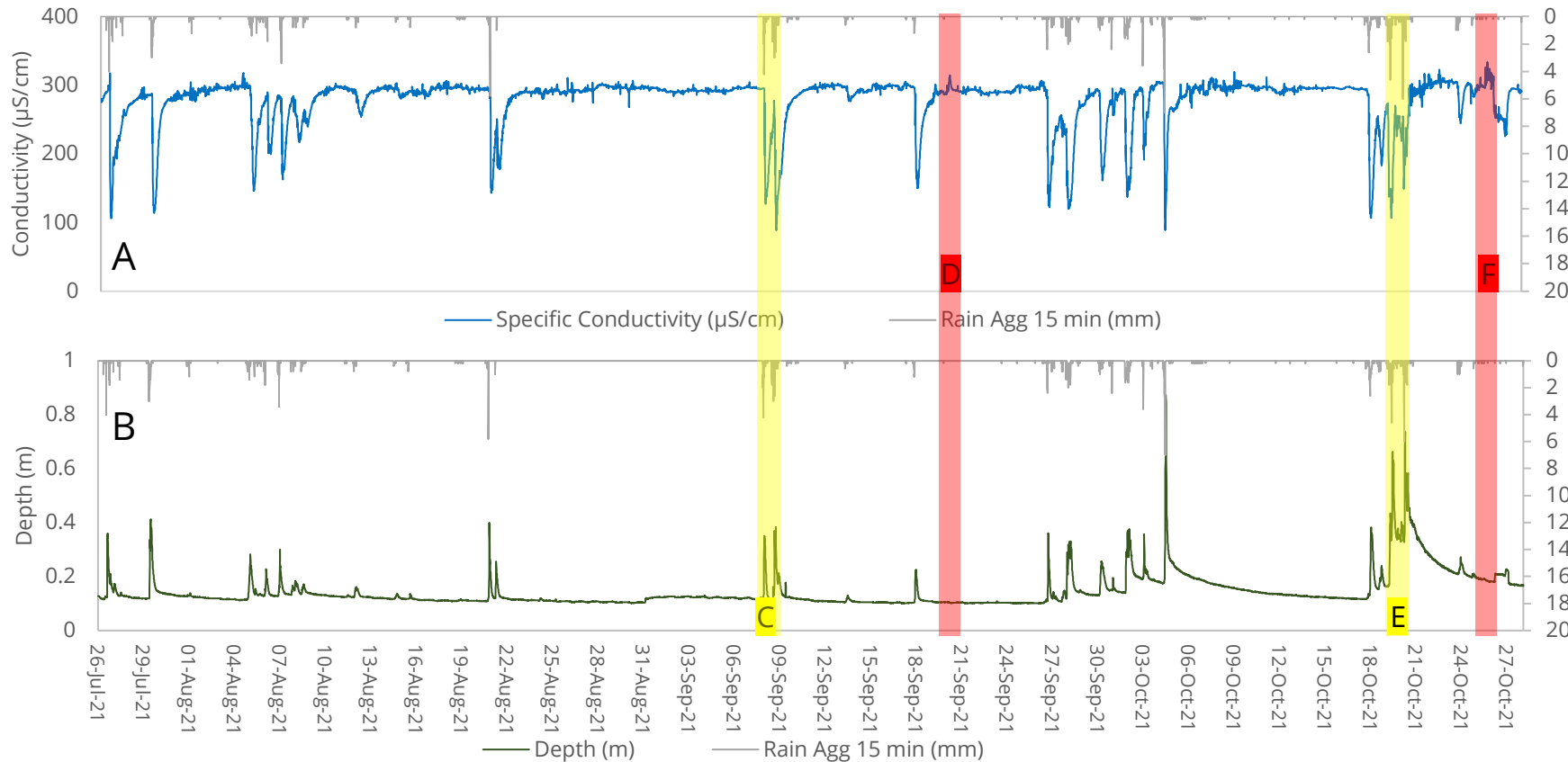


Fig. 6 A) graph of conductivity plotted with rainfall between 26th July and 28th October 2021. B) Depth plotted against rainfall for the same period. C) 09SEPT21 rise in stream level. D) 20SEPT21 rise in conductivity. E) 04OCT21 rise in river level. F) Rise in conductivity.

EVENT DATA

To better understand how the stream is reacting during high conductivity, a more detailed look at the highest conductivity spike is shown in the graph in fig. 7. The peak of conductivity (334 $\mu\text{S}/\text{cm}$) occurred at 07:15 on the 26th October 2021. Unfortunately, due to the time-lapse camera not being able to take photos in the dark, we do not have pictures for that exact time. However, the spike at 11:00 (A) and 13:00 (B) can be matched to photographs.

From the images there appears to be no visible pollution in the stream (i.e. change of stream colour, debris or foam). It may be that these spikes in conductivity are just natural fluctuations, or it may be that the rise in conductivity was caused by pollution that is not visible. More data will be needed to observe the trends of conductivity in the stream. We are also involving the community in observing visual evidence during spikes in conductivity which will help us to determine whether the spikes coincide with visual pollution incidents.

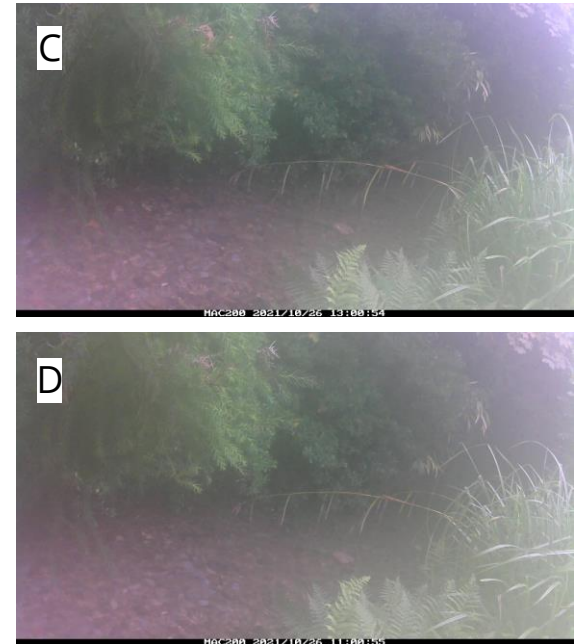
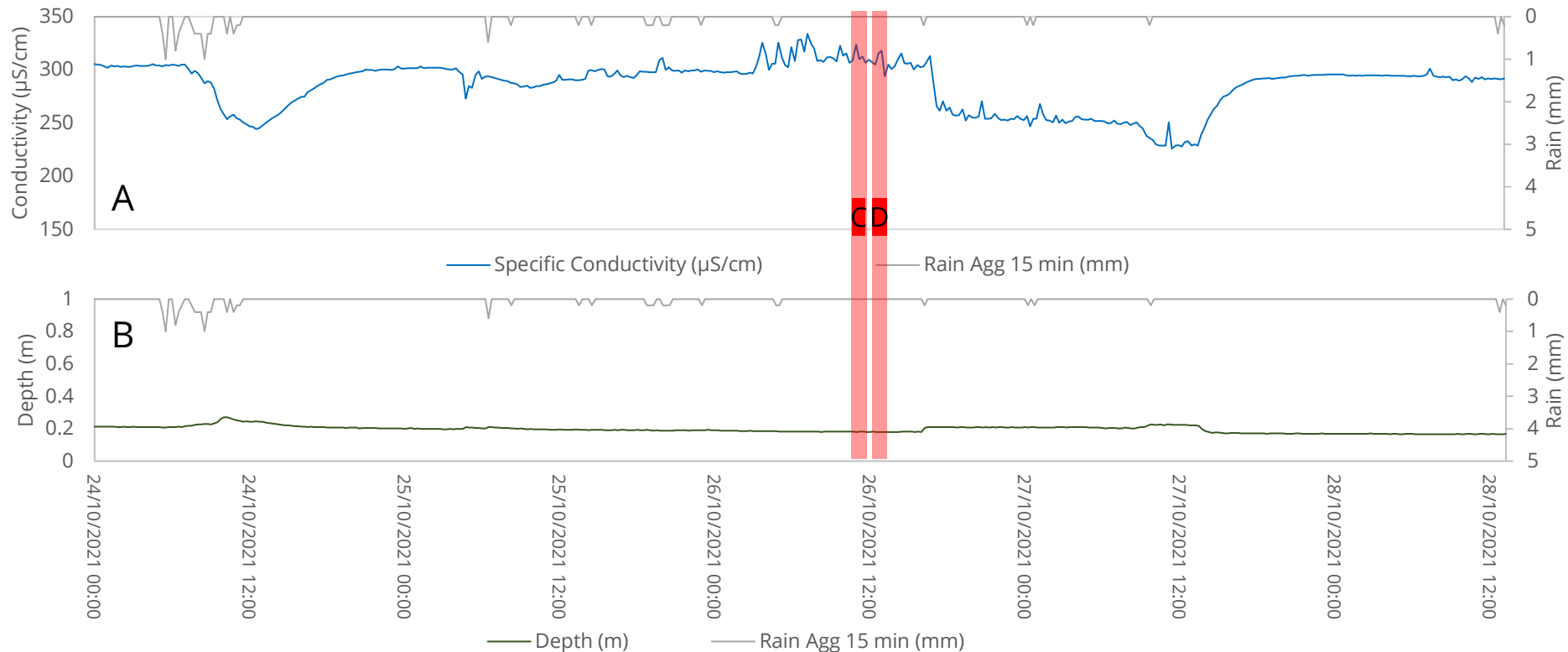


Fig. 7 A) graph of conductivity plotted with rainfall between 24th October and 28th October 2021. B) Depth plotted against rainfall for the same period. C) 26OCT21 11:00 rise in conductivity. D) 26OCT21 13:00 rise in conductivity.



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PREVENTING PLASTIC POLLUTION

