



# Five Fun Facts



## MAYFLY

Mayfly fossils date back over 300 million years!

Most adult mayfly only live for just one day

Mayflies have three long, fine tails as adults and nymphs

They live as nymphs in rivers for up to two years

There are 51 species of mayfly in the UK



## CADDISFLY

Caddisfly larvae live in water, most in a case that they have made

They glue together, using silk, bits of sand, stones, leaves or twigs to make their case

Caddisflies are an important source of prey for salmon, trout and dippers

The land caddis larva does not live in water, it lives amongst leaf litter in woodland

There are almost 200 species of caddisfly in the UK



Stay curious